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Applicant

: Brian M. Dugan

Serial No.

: 09/702,179

Filed

October 30, 2000

For

METHODS AND APPARATUS FOR MONITORING

AND ENCOURAGING HEALTH AND FITNESS

Examiner

Glenn E. Richman

Group Art Unit :

3764

Commissioner for Patents

P.O. Box 1450

Alexandria, VA 22313-1450

:

REQUEST FOR EXTENSION OF TIME PURSUANT TO 37 CFR § 1.17 (a) (3)

Sir:

The Applicant respectfully requests a three-month extension of time in which to respond to the Examiner's Office Action mailed September 29, 2003, in which a three-month period for response was set to expire on December 29, 2003. After granting the request for a three-month extension of time, the response period will expire on March 29, 2004.

Certificate of Mailing/Transmission (37 C.F.R. Section 1.8(a))

I hereby certify that, on the date shown below, this correspondence is being:

X transmitted by facsimile to the Patent and Trademark Office

Signature

March 29, 2004

Date

Brian M. Dugan (name of person certifying)